



PT Protocol: Total Hip Replacement

Total Hip Replacement

- a. After 4-8 visits, we expect PT to be completed in the huge percentage of patients. If not, we would need reports on why variances occur from patient's expected progress. These visits can occur over any time period, supplemented by home exercises.
- b. Ambulation without assistive devices
- c. Clear understanding of restrictions
- d. Abduction, balance, and functional exercises
- e. Others as per physician or PT
- f. Seamless communication and updates with the nurse coordinator or physician's office. We hope to avoid readmissions or transfers to the ER. We would prefer all communication about potential problems communicated to the patient's nurse coordinator or their physician's office. Office visits or house calls to evaluate patients can be made in lieu of calls to the PCP or ER visits. We would prefer calls to our nurse coordinator or office staff prior to consulting PCPs.