

## ICD-10 CODES | ANKLE AND FOOT

### 1. Most diagnoses require specificity only to level of “Foot and Ankle.”

- a. Usual diagnoses same under ICD 10
  - i. Hallux valgus, hallux varus, hallux rigidus
  - ii. Hammer toe
  - iii. Pes planus, pes cavus
  - iv. Calcaneal spur
  - v. Metatarsalgia
  - vi. Pain
  - vii. Arthritis

### 2. Tendon dysfunction

- a. Chronic Tendon Dysfunction
  - i. Spontaneous rupture of flexor tendons (Posterior tibial tendon) or extensor tendons
    - 1. Must use the word “spontaneous chronic posterior rupture tibial flexor tendon”

### 3. Trauma

- a. Contusion
  - i. Of Ankle
  - ii. Of Foot
  - iii. Of Toe
    - 1. Greater versus Lesser toes
    - 2. With or without damage to nail
- b. Abrasion, blister, open wound, laceration, puncture wound with or without foreign body
  - i. Of Ankle
  - ii. Of Foot
  - iii. Of Toe
    - 1. Greater versus Lesser toes
    - 2. With or without damage to nail
- c. Sprains
  - i. Ankle:
    - 1. Calcaneofibular (lateral)
    - 2. Deltoid (medial)
    - 3. Tibiofibular (high ankle sprain)
    - 4. Unspecified
  - ii. Foot:
    - 1. Tarsal ligament
    - 2. Tarsometatarsal Ligament
    - 3. Other
    - 4. Unspecified
  - iii. Toes
    - 1. Greater versus Lesser Toes
    - 2. Metatarsophalangeal joint
    - 3. Interphalangeal joint
- d. Subluxation/Dislocation
  - i. Ankle
  - ii. Foot
    - 1. Tarsal Joint
    - 2. Tarsometatarsal Joint

- iii. Toes
  - 1. Great versus Lesser Toes
    - a. Metatarsophalangeal Joint
    - b. Interphalangeal joint
- e. Strains/Tears of Tendons
  - i. Strain and tears occur as a result of trauma
    - 1. State "strain and tear of posterior tibial flexor tendon."
  - ii. Describe anatomy as well as you can:
    - 1. Flexor tendon of ankle, foot, or toe
    - 2. Extensor tendon of ankle, foot, or toe
- f. Other acceptable descriptors of trauma
  - i. Crush injury
  - ii. Traumatic amputation
    - 1. Partial or complete
    - 2. Of ankle, midfoot or toe level