

ICD 10 CODES | SHOULDER

1. Intraarticular Pathology

- a. Arthritis: See Arthritis General
- b. Chondromalacia
- c. Superior Glenoid Labrum Lesion
- d. Other Articular Cartilage lesions
- e. Effusion
- f. Hemarthrosis
- g. Pain
- h. Stiffness
 - i. Adhesive Capsulitis
 - ii. Stiffness (not classified as Adhesive Capsulitis)
 - iii. Contracture
- i. Instability (non-traumatic)
 - i. Pathologic Dislocation
 - ii. Recurrent Dislocation
- j. Loose bodies
- k. Osteophyte

2. Subacromial Pathology

- a. Impingement Syndrome
- b. Bursitis
- c. Calcific Tendinitis
- d. Bicipital Tendinitis or Rupture
- e. Chronic Rotator Cuff Tear
 - i. Incomplete
 - ii. Complete (Massive)
- f. Acute Rotator Cuff Tear
 - i. Called "Strain" of Rotator Cuff
 - ii. Recommend you always say "acute strain and tearing of the RC"

3. Trauma

- a. Soft Tissue Injuries
 - i. Contusion, abrasion, laceration, puncture wound
 - ii. Sprain:
 - 1. Glenohumeral Joint
 - a. Coracohumeral Ligament
 - b. Rotator Cuff "capsule"
 - c. Unspecified
 - 2. AC and SC joint
- b. Instability (traumatic)
 - i. Glenohumeral Joint
 - 1. Subluxation versus Dislocation
 - 2. Direction
 - a. Anterior
 - b. Posterior

- c. Inferior
 - d. Other
 - ii. AC joint
 1. Subluxation (Grade 1)
 2. Dislocation of AC 100-200% displacement (Grade 2)
 3. Dislocation of AC >200% displacement (Grade 3)
 4. Posterior dislocation (Grade 4)
 5. Inferior dislocation (Grade 6)
 - iii. SC joint
 1. Anterior versus Posterior
 2. Subluxation versus Dislocation
 - iv. Scapula
 1. Subluxation versus Dislocation
- c. Rotator Cuff
 - i. Called "strain of the rotator cuff"
 - ii. Recommend saying "Acute strain and tearing of the rotator cuff."
- d. Fractures
 - i. Clavicle
 1. Sternal End
 2. Shaft
 3. Lateral End
 - ii. Scapula
 1. Body
 2. Acromial Process
 3. Coracoid Process
 4. Glenoid Cavity
 5. Neck
 6. Other
 - iii. Proximal Humerus
 1. Surgical Neck
 - a. 2 part, 3 part, 4 part
 2. Greater Tuberosity
 3. Lesser Tuberosity
 4. Salter, Torus, etc.